



Nordic Judo Championships 2022

Reykjavik/Iceland April 23rd -24th



Nordic Judo Championships 2022

Visiting Iceland

Please see all information in relation to visiting Iceland during these covid-19 times and more at <https://www.covid.is/english>

Competition venue

[Íþróttahúsið Digrales,](#)

Address: Skálaheiði 2, Kópavogur.

Date

Saturday and Sunday 23rd-24th of April 2022 Reykjavik – Iceland

Organizers

[Judo Federation of Iceland,](#)

Address: Engjavegur 6, 104 Reykjavik

Main contact: Thormodur Arni Jonsson (General Secretary)

Phone: 354-6923595

E-mail jsi@jsi.is

Like us on Facebook for continuous updates in advance of the event: Nordic Judo Championships 2022

Weight categories

Cadets U18 (Born 2005-2007)

Boys -50, -55, -60, -66, -73, -81, -90 and +90 kg

Girls -40, -44, -48, 52, -57, -63, -70 and +70 kg

Juniors U21 (Born 2002-2004)

Boys -60, -66, -73, -81, -90, -100 and +100 kg

Girls -48, -52, -57, -63, -70, -78 and +78 kg

U18 competitors can participate in U21, and U21 competitors can participate in Seniors.

Seniors (2007 and before)

Men -60, -66, -73, -81, -90, -100 and +100 kg

Women -48, -52, -57, -63, -70, -78 and +78 kg

Veterans (1992 and before)

Men -60, -66, -73, -81, -90, -100 and +100 kg

Women -48, -52, -57, -63, -70, -78 and +78 kg

M1/W1 30-34, M2/W2 35-39, M3/W3 40-44, M4/W4 45-49,

M5/W5 50-54, M6 55-59/W6 55-60 and M7 60-65.

Classes can be combined



Team competition

Each country is encouraged to enroll a mixed senior team. The competitors must have 2. Kyu or higher. The weightclasses are -57, -70 and +70 for women and -73, -90 and +90 for men.

Participation and Entry

There are no limitations on the number of competitors each federation may register in a weight category or age category.

Min. Grade for cadets is 3rd kyu

Min. grade for Juniors, Seniors and Veterans is 2nd kyu.

The official entries should be done only through the national judo federations in Denmark, Faroe Islands, Finland, Iceland, Norway and Sweden.

Entry

By email to Judo Federation of Iceland, jsi@jsi.is. Only attached entry form is accepted with names, year of birth, belt grade and weight categories.

More information to Icelandic participants will come later.

Entry fee

50 euros for all competitors in all categories.

Competing in two categories 75 euros.

Deadlines

All entry must be done latest April 8th 2022

All entry fee to be paid before April 15th 2022

Payment

All entry fee to be paid to following bank account:

Name of account holder: Judo Federation of Iceland

Name of bank; Arion Banki

IBAN: IS55 0323 2600 0202 4502 7407 09

SWIFT: ESJAISRE

Payment title: Nordic 2020 - <Country>

Cancelation policy

Entry fee not refundable. In case of sickness or injury, individual needs to use his personal insurance.



Competition rules

According to IJF and EJU rules and competition regulations of Judo Federation of Iceland.

Duration of each match:

- 4 minutes for Senior men
- 4 minutes for Senior women.
- 4 minutes for Juniors
- 4 minutes for Cadets.
- 3 minutes for Veterans Men
- 3 minutes for Veterans Women

Golden Score, no time limit, determines if equal points at end of match.

Match system:

Double repechage or pool competition system.

- 2 entries, best of 2 fights, if 1-1 the third match will decide
- 3-5 entries single pool, 6-7 entries, double pool
- 8 and more entries, repechage competition system

Judogi

All Judoka must compete white and blue judogi. Judogi sizes must be IJF rules, but not need be "red label" judogi. Back number is recommended.

Competitors are required to wear their white judogi during the prize ceremony.

Insurance/liability:

The Icelandic Judo Federation

(nor any of its officials or members) will not be liable or responsible for any personal injury or for any loss or damage to your property arising out of your participation and travelling in connection with this event. The Icelandic Judo Federation declines all responsibility. All athletes must have adequate insurance coverage which includes all medical expenses and repatriation.

Referees

Each participating Judo Federation is requested to enter one to two referees.

Referee meeting

On Saturday and Sunday at 8.15 in the competition venue at Íþróttahúsið Digranes.



Schedule

Accreditation

[Íþróttahúsið Digranes](#), Skálaheiði 2, Kópavogur.

Friday 22th of april from 16:00 -19:30

Weigh-in

Friday 22nd of April U18 and Seniors at competition venue at Íþrottahusid Digranes

Unofficial weigh-in 18:30 -19:00

Official weigh-in 19:00 -**19:30**

Saturday 23rd of April U21, Veterans and Teams, at competition venue at Íþrottahusid Digranes

Competitors who have already weight in and competed on Saturday, do not need to weigh in on

Sunday as well.

Unofficial weigh-in 18:30 -19:00

Official weigh-in 19:00 -**19:30**

Control of Nationality and ID:

Nationality, identity and age of the participants will be verified for each athlete's valid passport or ID, during weigh-in.

Draw

Friday 22th of April for all weight categories and both for Saturday and Sunday.

Competition program

Saturday 23rd of April 2022

9:00 U18 – Preliminary competition

12:00 U18 – Finals

14:00 Senior - Preliminary competition

18:00 Senior - Finals

Nordic meeting on Saturday 23th of april but time and place decided after entry deadline, 8th of April.

Sunday 24th of April 2022

9:00 U21 – Preliminary competition

12:00 U21 – Finals

14:00 Veterans - Preliminary competition

14:00 Teams – Preliminary competition

16:00 Finals

Competition schedule might be updated after entry deadline, 8th of April.



Accommodation & Transport

Transportation from Airport to hotels.

From Keflavik airport there is a bus connection to Reykjavik bus terminal (BSÍ) and the travel takes about 45 min. It is also possible to purchase a bus ticket from Keflavik to BSÍ and then onwards to most hotels in Reykjavik. All information is on the website linked below. Most hotels are also just 5–10-minute taxi ride from BSÍ.

Link to Flybus website: [Flybus Airport Transfer | Airport Transfer Iceland | Reykjavik Excursions](#)

All participants in can use the promocode: JudoNordics2022

Promocode will give you 10% discount on all Flybus, BL transfer, HOP ON HOP OFF and Reykjavik Excursion tours. Discount is valid trough 18-29 april.

Transportation from Hotels to competition venue

Transportation from hotels to competition venue is not provided by the organizer.

Transportation suggestions

Buses: [Strætó \(straeto.is\)](#) (see linked website for all information)

Taxi: Taxi Reykjavik BSR: +354-5610000

Car rentals: [Car rentals Keflavik Airport](#) ; [Europcar](#); [Enterprise \(Reykjavik BSI Bus Terminal\)](#);

Accommodation suggestions

[201 Hotel Kópavogur.](#)

5 min drive from Íþróttahúsið Digranes (2.6 km)

Adress: Hlíðarsmári 5, 201 Kópavogur

[Tel:+3545561100](#)

Booking through booking.com or other sites

[Hótel Cabin.](#)

10 min drive from Íþróttahúsið Digranes (6.1 km)

Adress: Borgartún 32, 105 Reykjavík

Tel: +354-5116030

Booking through booking.com or other sites



[Grand Hotel Reykjavik,](#)

9 min drive from Íþróttahúsið Digranes (5.6 km)

Address: Sigtún 38, 105 Reykjavik.

Booking through email: johann@grand.is

Tel: +354 514 8000

[Reykjavik City HI Hostel](#)

11 min drive from Íþróttahúsið Digranes (7.4 km)

Address: Sundlaugarvegi 34, 105 Reykjavik

Tel: +3545538110

Booking through boogking.com or other sites.



Inquiries to Thormodur Jonsson (General secretary), E-mail: jsi@jsi.is Tel: +354 692 3595

We are looking forward to see you in Iceland.



Jóhann Másson
President
Judo federation of Iceland